

Panchakarma Treatments available:

Abyanga	Agni lepa	Akshi Seka
Akshi Tarpana	Bhaspa Sweda	Gandusha & Kavala
Greeva Basti	Ishtika Sweda	Janu Basti
Niruha Basti (Decoction enema)	Anuvasana Basti (Oil enema)	Kati Basti
Kaya Seka (Pizichil)	Ksheera Dhooma	Kukkutanda Nimba Sweda
Choorna Pinda Sweda	Mamsa Pinda Sweda	NadiSweda
Nasya Karma	Patra Pinda Sweda	Jambira Pinda Sweda
Prishta Basti	Putapaka	Shashtika Shali Pinda Sweda
Shiro Basti	Shiro Dhara	Shiro Pichu
Parisheka	Shirolepa (Talapothichil)	Takra Dhara
Udvaartana	Upanaha	Valuka Sweda
Vamana Karma	Virechana	Rakta Mokshana

NETRA KRIYAKALPA

Netra Kriyakalpas generally called as Kriyakalpa, are the treatment procedures used in the management of various eye diseases. We in our hospital carry out 7 types of Kriya kalpas (Therapeutic procedures) which are mentioned in our science.

- 1) Tarpana: In this procedure the medicated ghee is kept in eye for a specific time by special technique using dough of urad dal. It gives nourishment to the eyes and cures vata and pittaja netra rogas. Used in the management of Progressive refractive errors, computer vision syndrome, tiredness of eyes and retinal diseases.



- 2) Putapaka: The procedure is same as tarpana but the medicine is used which are extracted from herbs by putapaka procedure, usually carried after tarpana. Indication for rejuvenation of eyes, healing of eyes.



- 3) Seka: In this procedure medicine is poured continuously on closed eye or eyes with blinking from height of four inches for specific time according to doshas. It is indicated in acute inflammatory conditions.
- 4) Aschyotana: The medicated drops are put into eye from the height of two inches with opened eyelids. It is indicated in infection and allergic condition of conjunctiva and cornea, burning sensation of eyes.

- 5) Anjana: In this procedure medicine is applied over inner surface of lid margin from medial canthus to lateral canthus with anjana shalaka or clean finger. It is indicated when the doshas are located only in the eyes.
- 6) Pindi: Medicated paste is tied in a thin cloth and kept over eye. Indicated in abhisyanda and adhimanta
- 7) Bidalaka or lepa: In this procedure medicated paste is applied to eye lids. Indicated in sty, chalazion and other inflammatory condition of eyelid.



Avagundana: In this procedure medicines are made in a pottali form and fomentation is applied to closed eyes.



Along with these procedures we also carry out Gandusha, Kavala, Pratisarana, Dhoomapana, Pradhamana nasya, Nasa-pichu, Prachanna for various ENT disorders in the Kriyakalpa wing.