SWASTHAVRITTA (Preventive & Social Medicine) OPD

- > Prakruti analysis (Nature/ Physical & Mental constitution of an individual).
- Lifestyle modification, Diet, Exercise for prevention of disease and promotion of health.
- > Health promotion tips, and awareness of social issues.
- > Therapeutic Yoga
- > Organises Special camps/crash courses for Obesity, HTN, Diabetes, Asthma