



गुरु गोरक्षनाथ इंस्टीट्यूट ऑफ मेडिकल साइंसेस, आयुर्वेद संकाय

Guru Gorakshnath Institute of Medical Sciences - Faculty of Ayurveda

Constituent unit of Mahayogi Gorakshnath University Gorakhpur
Established under UGC ACT 1956 SECTION 2(f)
Aarogya Dham, Balapar Road, Sonbarsa-273007 (UP)

Hitayu 2023

Selected papers for Oral and Poster Presentations

Parallel Scientific Sessions

Parallel Session 1 - Oral presentations

27/10/2024 Sunday 4.25 PM - 5:30 PM

S No.	Name of the presenter	Title
1.	Dr Neha Yadav	An observational study to evaluate the role Of Ayurveda In Lifestyle Disorders
2.	Dr.Rashmi	Role of shodhana in medodosh with special reference to dyslipidemia
3.	Dr.Priyanka Sharma	Pathyaapthya strategies for metabolic syndrome: a comprehensive review
4.	Dr. Roopa.L	Manasika Swastya Role - A Path To A Healthy Vision And Hearing In Connection With Tinnitus
5.	Dr Anupama Ojha	Comparative study of cancer patients concerning their diet
6.	Dr. Sandhya pathak	Review On Hetu Of Amlapitta W.S.R Hyperacidity
7.	Dr. G. VSSN Sarvabhuma	An Analytical review of the principle Nidana Parivarjana as an integral part of any approach towards Hitayu



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Parallel Session 2 - Oral presentations 27/10/2024 Sunday 4.25 PM - 5:30 PM

S No.	Name of the presenter	Title
1.	Isha Raman Srivastava	Cross-sectional study of college-going girls on the awareness of PCOD in Gorakhpur district.
2.	Komal gupta	Herbal Synergy in Skincare: A Systematic Review of Varnya Mahakashaya and Its Mechanisms
3.	Madhubala Shahi	Management Of Lifestyle Disorders Through Ayurveda
4.	Kavita Gupta	Review article on hypertension
5.	Surabhi Dwivedi	The impact of Sadvritta (Ethical Living) on Health: An Ayurvedic perspective
6.	Navratan Singh	Review article on mental health
7.	Anshu Kumari	Management of hypertension w.r.t. Ayurveda
8.	Nitesh Dubey	Physiological importance of abhyang in daily regime – “for maintaining swasthyay”
9.	Samiksha	Management of hyperthyroidism w.r.t. Dinacharya
10.	Simran Tiwari	An Observational study to assess the relationship between Manasa Prakruthi in manifestation of Kitibha Kushta with special reference to Psoriasis
11.	Khushi Srivastava	Importance of Brahma Muhurat in Daily Regimen for health
12.	Shivam Kumar	Literature review on metabolic syndrome in Ayurveda



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Parallel Session 3 - Oral presentations

27/10/2024 Sunday 4.25 PM - 5:30 PM

S No.	Name of the presenter	Title
1.	Anchal Pandey	Role of sadvritta(code of conduct) for physical and mental well being
2.	Shagun Agrawal	Roga Nidana Revisited: Lifestyle factors and Surface Anatomy in Abdominal Pain differential diagnosis
3.	Ashish kumar singh	The gut brain axis: unraveling the impact of Gut flora on Immunity
4.	Veena Mishra	Concept Of Prakriti And Prakriti Based Ahara For Maintaining Healthy Life
5.	Ravi Ranjan kumar	Importance Of Vyayama For Maintaining Good Health
6.	Mohit Kumar Gautam	Balancing Doshas during Ritu Sandhi: Ayurvedic Strategies for Optimal Health
7.	Apoorva Chaturvedhi	Management of Insomnia and Sleep disorders
8.	Himansu Gupta	Management Of Tobacco Overuse Through Modern & Ayurvedic Principles
9.	Naveen Parvat	Ayurvedic Management of Vitiligo(Shwitra)
10.	Shivangi	Evaluating the Impact of Ayurvedic Interventions on Hypothyroidism: A Case Report
11.	Aman Gupta	Ayurvedic management of Hypothyroidism – A Case Study and Assessment
12.	Moni Kumari,	Importance of Yoga and Ahara, Vihara in PCOS
13.	Abhinav Tiwari	Prevalence of Health Literacy among BAMS students regarding Obesity



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Parallel Session 4 - Poster presentations

27/10/2024 Sunday 4.25 PM - 5:30 PM

S No.	Name of the presenter	Title
1.	Durgesh Nandan	Nitya Sevaniya Ahara Dravya's- Daily dietary staples for optimal health
2.	Ashish Kumar Sinha	Preventive and Promotive care of health in Ayurveda
3.	Pallavi gupta	Ayurvedic perspective in management of prameha(diabetes) through yoga
4.	Archie Gupta	Management of Polycystic ovarian syndrome (Artava kshaya) with the help of Ayurveda
5.	Sheetal Tripathi	Ayurvedic solution to the menace of household poison
6.	Dr Chaitanya Belegal	Pharmaceutical and Analytical work of Ksharasuta



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Plenary Session – Clinical case presentations

28/10/2024 Monday 03:45 PM – 5:00 PM

S No.	Name of the presenter	Title
1.	Dr. Sandeep Kumar	A Case Study On Cerebral Palsy Through Ayurvedic Management
2.	Dr Supriya Mishra	Effect of Panchakarma treatment in Guillian Barre Syndrome w.s.r. Sarvangatavata:A Case Report
3.	Dr Netravati B Aruni	Bidirectional association of Lifestyle W.S.R To PCOS - A Case Study
4.	Dr Arjun Sasikumar	Ayurvedic Management of Psoriasis with special reference to Sidhma Kushta
5.	Dr. Aswathy Narayanan	Management of Pittaja Mukhapaka w.s.r. Herpes lesion
6.	Dr. Abhijith N	Imperativeness of lifestyle modifications with Ayurvedic medications in the management of Nonalcoholic fatty liver disease (NAFLD) – A case report
7.	Dr. Kiran Kumar Reddy	Management of recurrent and complicated fistula in ano with Apamarga kshara taila.
8.	Dr. Preeti Pandey	Idiosyncratic adversity reported after oral consumption of an Ayurvedic formulation containing bhallataka (Semecarpus anacardium): A Case Report